

Hounsfield units from unenhanced 18F-FDG-PET/CT are useful in evaluating supradiaphragmatic lymph nodes in children and adolescents with classical Hodgkin's lymphoma

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Abstract

Background. The precise identification of the primarily-affected nodal regions in Hodgkin's lymphoma (HL) is essential in determining the stage of the disease and the intensity of chemotherapy and radiotherapy.

Objectives. The aim of this study was to use the degree of X-ray attenuation (XRA) in Hounsfield units (HU) and the lymph node-to-muscle attenuation ratio (LN/M) in computed tomography (CT) unenhanced imaging, routinely performed with 18F-fluorodeoxyglucose positron emission tomography (18F-FDG-PET), to distinguish HL-affected supradiaphragmatic lymph nodes.

Material and methods. The study included 52 patients with classical HL treated according to the EuroNet-PHL-C1 protocol. Patients received 2 chemotherapy cycles after 18F-FDG-PET/CT testing, followed by re-examination. The lymph nodes were evaluated according to the Society for Pediatric Oncology and Hematology's GPOH-HD-2002 study and Lugano criteria as not-involved (NI-LN) and involved (I-LN).

Results. A significant difference ($p < 0.001$) was found in the XRA and LN/M values between NI-LN and I-LN before treatment and after the 2 chemotherapy cycles. The optimal cut-off point for XRA (44.7 HU) and LN/M (0.79) values distinguishing I-LN from NI-LN nodes was determined by receiver operating characteristic (ROC) analysis. After 2 cycles of chemotherapy, higher XRA ($p = 0.002$) and LN/M ($p = 0.001$) values in the group with inadequate early CTx response were found.

Conclusions. The use of XRA in HU and LN/M, together with the existing standard, can improve the qualification of supradiaphragmatic lymph nodes in HL.

Key words: children, lymph nodes, Hodgkin's lymphoma, positron-emission tomography

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Introduction

Hodgkin's lymphoma (HL) is one of the most common neoplasms in adolescents of 15–20 years of age (approx. 12–29 cases per million per year in European countries and the USA; approx. 6% of all pediatric tumor cases).^{1,2}

In recent decades, significant progress in the treatment of children with HL has been made. About 90–95% of patients survive many years relapse-free.³ Currently, risk-adapted therapy (chemotherapy – CTx, potentially with radiotherapy – RTx), where the intensity of treatment depends on the presence of specific prognostic factors, is a standard procedure.

A health analysis of convalescents treated in childhood for HL revealed that, despite many years of remission, a large number of them suffered from numerous late effects of the administered therapy (e.g., secondary thyroid or breast cancer, leukemia, infertility, cardiomyopathy, failure of endocrine organs, or pulmonary fibrosis). These complications significantly diminish the quality of life and may even shorten it.^{4–8} Contemporary regimens seek to reduce the toxicity of CTx and to completely eliminate RTx in those patients who respond well to CTx.⁹ If RTx is necessary, it is limited to the lowest number of fields and doses.¹⁰ The precise identification of affected lymph nodes (LN) in different regions is of fundamental importance in determining the intensity of CTx and specifying fields for possible irradiation. The selection of patients for additional RTx was based on the evaluation of morphological and functional response after the first 2 cycles of CTx.

The aim of this study was to use the degree of X-ray attenuation (XRA), expressed in Hounsfield units (HU), and the lymph node-to-muscle attenuation ratio (LN/M) in computed tomography (CT) unenhanced imaging, routinely performed with 18F-fluorodeoxyglucose positron emission tomography (18F-FDG-PET), to distinguish HL-affected nodes. Moreover, LN XRA values were measured after the first 2 cycles of CTx to assess morphological and functional response.

Material and methods

Patients

The study included 52 of a total of 61 consecutive patients diagnosed with classical HL between 2009 and 2015. In 7 patients it was impossible to locate the primarily affected LN or unaffected nodes. In another 2 cases, unsatisfactory technical quality made it impossible to measure XRA in control 18F-FDG-PET/CT tests. Each diagnosis was confirmed by centrally verified histopathology. The clinical characteristics of the patients are shown in Table 1. The initial staging and response to CTx assessments were performed according to the EuroNet PHL C1 protocol.^{11,12} After 18F-FDG-PET/CT testing, all patients received

Table 1. Characteristic of patients (n = 52)

Feature	
Male/female	24/28
Age	
range [years]	4–17.5
median	14
HL subtypes	
nodular sclerosis (NS)	47
mixed cellularity (MC)	2
lymphocyte depleted (LD)	2
not done	1
Initial staging (Ann Arbor)	
I	1
II	24
III	13
IV	14
B symptoms	28
"E" feature	14
Therapeutic groups	
TG 1	9
TG 2	15
TG 3	28
Early chemotherapy response	
adequate/inadequate	27/25

HL – Hodgkin's lymphoma; TG – therapeutic group.

2 CTx cycles – vincristine (Oncovin), etoposide, prednisone, and doxorubicin (Adriamycin – OEPA) – followed by 18F-FDG-PET/CT re-examination. In the case of an unsatisfactory functional and/or morphological response to the administered CTx, the patient was subjected to RTx after all cycles of CTx.

Analysis of CT images

Unenhanced 18F-FDG-PET/CT studies were performed using a 16-row detector GE Discovery STE16 scanner (GE Healthcare, Milwaukee, United States) with variable voltage (100–140 keV) and intensity (10–150 mAs), single collimation width (SCW) 0.625–1.25, total collimation width (TCW) 10.0–20.0, and spiral pitch factor (SPF) 1.125–0.75. We analyzed 61 CT components performed at the time of initial diagnosis (Fig. 1 A, B) and 61 tests evaluating the early response to CTx – about 2–3 weeks after the second OEPA cycle (Fig. 1 C, D). All tests were performed as part of routine clinical diagnostics. Axial sections were used for the assessment and preference was given to those having the thinnest layers, which ranged from 1.25 to 3.75 mm, depending on the study/patient.

Principles for the evaluation of lymph nodes

Lymph nodes were evaluated according to the Society for Pediatric Oncology and Hematology's GPOH-HD 2002 study and Lugano criteria independently by 2 radiologists and a nuclear medicine specialist.^{7,13} The Surveillance,

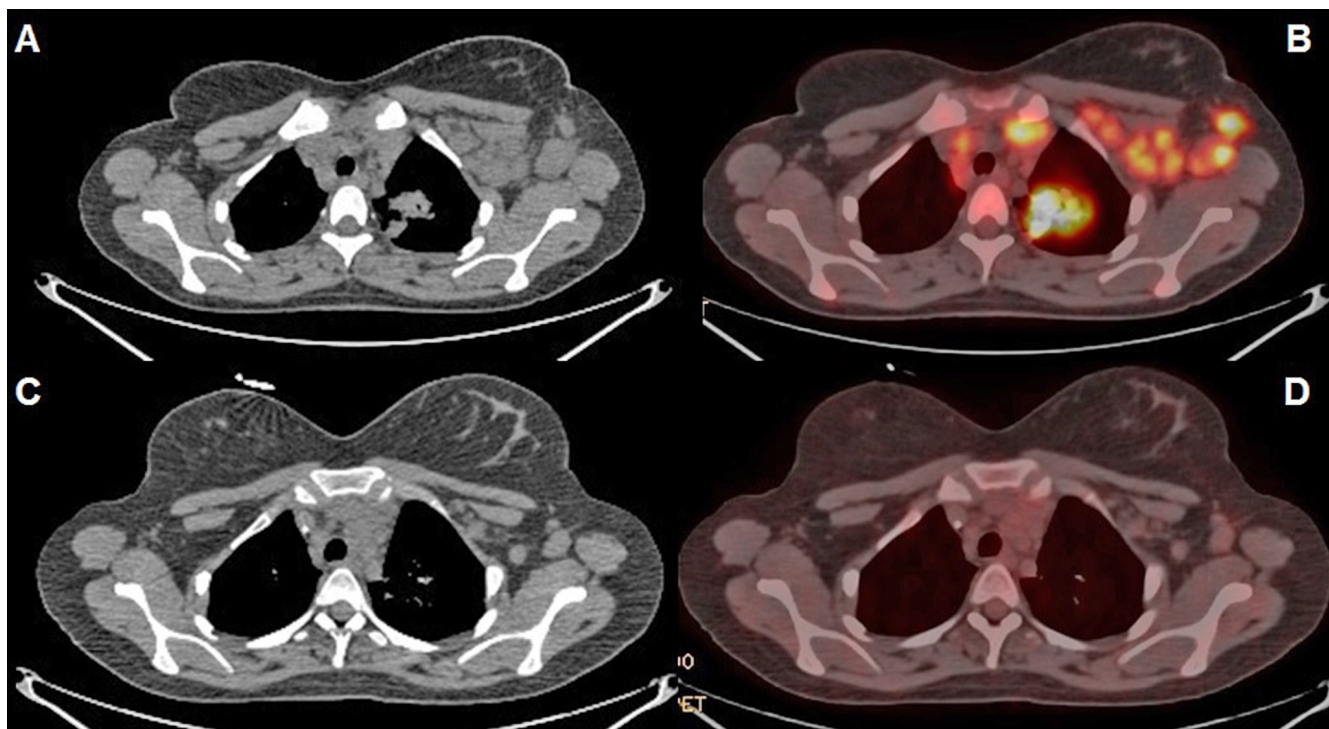


Fig. 1. A 17-year-old female with classical NS type HL; axial CT and PET-CT (fusion) images performed before (A, B) and after OEPA treatment (C, D)

A – malignant lymphadenopathy of the left axillary and subclavian lymph nodes; right axillary lymph nodes were normal; NS – nodular sclerosis; HL – Hodgkin's lymphoma, CT – computed tomography; PET – positron emission tomography; OEPA – vincristine (Oncovin), etoposide, prednisone, and doxorubicin (Adriamycin)

Epidemiology, and End Results program (SEER) database guidelines with minor modifications were adopted for the anatomic division of LN.¹⁴

The preferred normal LN locations were: axillary (level 1 according to Berg), cervical (level 5 according to Som et al.), or the mandibular angle.^{15,16} Nodes of normal morphology and size were excluded if an affected node existed within a distance of less than 2 cm. XRA measurement was made on an axial section of the node with the thickest cortical layer. The fatty hilum was disregarded for measurement as it would have lowered the average XRA value.

Involved nodes were selected based on the 18F-FDG-PET component, according to highest maximum standardized uptake value (SUV_{max}) and the largest area of peak SUV_{max} value occurrence. The most commonly elected LNs were: cervical (level 4 and 5 according to Som et al.), mediastinal (levels 2–7 according to International Symposium on Light Alloys and Composite Materials – ISLAC) and subclavian (axillary nodes level 2 and 3 according to Berg).^{15–17} In each case, the XRA values were assessed in the section in which the fusion image showed the highest SUV_{max} value and in the 2 adjacent sections (due to the possibility of a small image shift in PET compared to the CT images, Fig. 2).^{18,19} The arithmetic mean was calculated using these 3 measurements. One of the factors hindering the assessment was variable upper limb positioning by the patient in individual studies.

The group of normal nodes unaffected by HL (not-involved – NI-LN) included nodes whose largest dimension was <1 cm and whose SUV values did not exceed Deauville scale level 2. Nodes >2 cm rated Deauville scale level 4 or 5 were considered affected by HL (involved – I-LN). In each study, 2–5 supradiaphragmatic LNs categorized as NI-LN or I-LN were selected for analysis, and then the average XRA was calculated. In order to eliminate non-specific inter-individual variability related to different water and body fat content, the LN/M ratio was introduced. This value is obtained by dividing the average LN HU value by the HU value of the right erector spinae muscles. The results obtained are therefore also independent of the keV and mAs parameters used in the study.

The region of interest (ROI) calculation of LN is presented in Fig. 2.

Right erector spinae muscle selection

Measurements were made in axial sections of the CT between the places where the celiac and superior mesenteric arteries arise. This area was chosen due to the low variability of anatomical relations between the muscles and the surrounding structures in successive studies, ensuring the repeatability of measurements. The XRA measurements were performed maintaining a margin of 2–3 mm from fatty tissue clusters adjacent to the muscles. The region of interest included a field surface of 0.8–1 cm² every time.

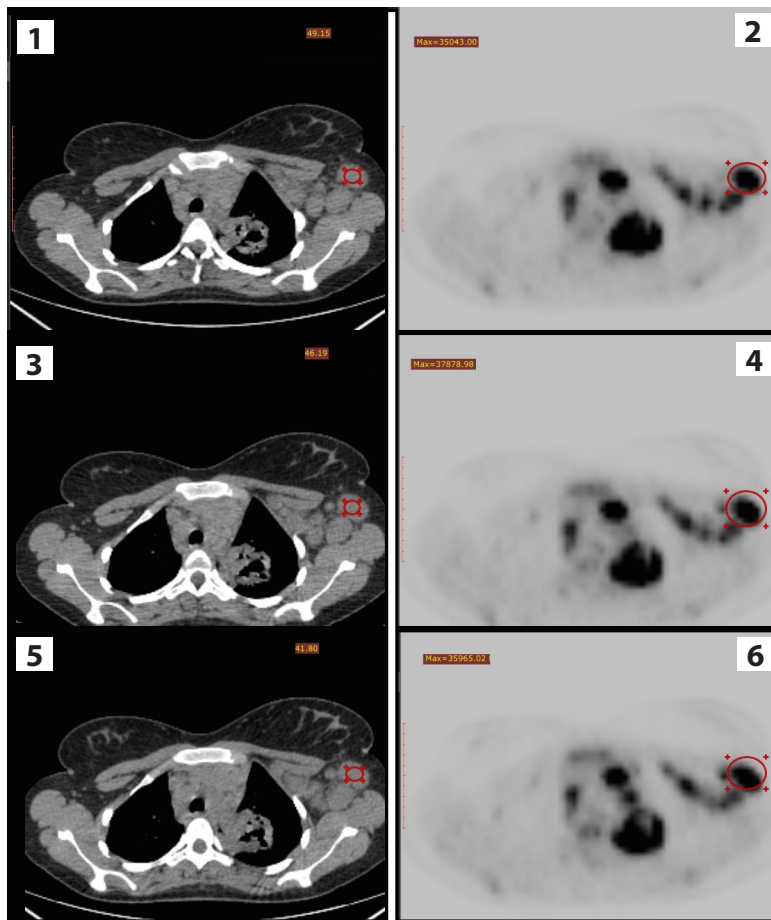


Fig. 2. This image presents the method of assessing mean density (in HU) of a malignant left axillary lymph node before CTx treatment. The ROI measurement was put on the central part of the lymph node (image 3). It should cover at least half of the area of the lymph node on the axial scan with the highest SUV_{max} value (image 4). Due to the risk of slight CT-PET image misalignment, density measurements were performed on 2 adjacent CT axial scans as well (images 1–2 and 5–6). The final HU value was an arithmetic mean of the 3 previous measurements

HU – Hounsfield units; ROI – the region of interest; CTx – chemotherapy; SUV_{max} – maximum standardized uptake value; CT – computed tomography; PET – positron emission tomography.

Three measurements were performed from the chosen cross-section and the arithmetic mean was calculated. The presence of hardened beam artifacts or of any focal lesions (e.g., intramuscular calcification) resulted in the exclusion of measurements.

Statistical analysis

The average XRA values and the LN/M ratios, as well as the differences depending on certain clinical parameters, were compared using Student's *t*-test. The Wilcoxon test for sequence pairs was used to analyze the differences of XRA and LN/M after 2 cycles OEPA relative to the primary results. The optimal cut-off point for distinguishing normal nodes from HL-affected nodes was determined using receiver operating characteristic analysis (ROC) implementing the Youden index. It was assumed that the cost of obtaining a false negative is twice as high as the cost of obtaining a false positive. The resulting area under the curve (AUC) was compared to an AUC equal to 0.5 using Hanley's algorithm.²⁰ The level of significance was $p < 0.05$. The calculations were performed using STATISTICA v. 12, Medical kit v. 3.0 (StatSoft, Tulsa, USA).

Table 2. Results of NI-LN vs I-LN group (n = 52)

Variable	Non-involved lymph nodes [NI-LN]	Involved lymph nodes [I-LN]	p-value
initial staging			
XRA range [HU]	18.5–73.7	34.0–108.7	<0.001
XRA average [HU] (SD)	40.1 (12.01)	56.63 (13.30)	
LN/M range	0.37–1.33	0.45–2.03	<0.001
LN/M average (SD)	0.70 (0.22)	1.01 (0.29)	
after 2 OEPA cycles			
XRA range [HU]	5.0–56.05	3.3–67.5	<0.001
XRA average [HU] (SD)	28.62 (10.68)	38.16 (11.58)	
LN/M range	0.09–1.04	0.06–1.22	<0.001
LN/M average (SD)	0.52 (0.21)	0.69 (0.20)	
$\Delta = \text{XRA(LN/M) after 2 OEPA cycles} / \text{XRA (LN/M) initial staging}$			
range [HU]	0.14–1.91	0.05–1.60	0.66
average [HU] (SD)	0.75 (0.30)	0.71 (0.28)	
range LN/M	0.17–1.90	0.07–1.89	0.59
average LN/M (SD)	0.76 (0.34)	0.73 (0.31)	

XRA – X-ray attenuation; HU – Hounsfield units; LN/M – lymph node/muscle attenuation ratio; NI-L – not-involved lymph nodes; I-LN – involved lymph nodes; SD – standard deviation; OEPA – vincristine (Oncovin), etoposide, prednisone, and doxorubicin (Adriamycin)

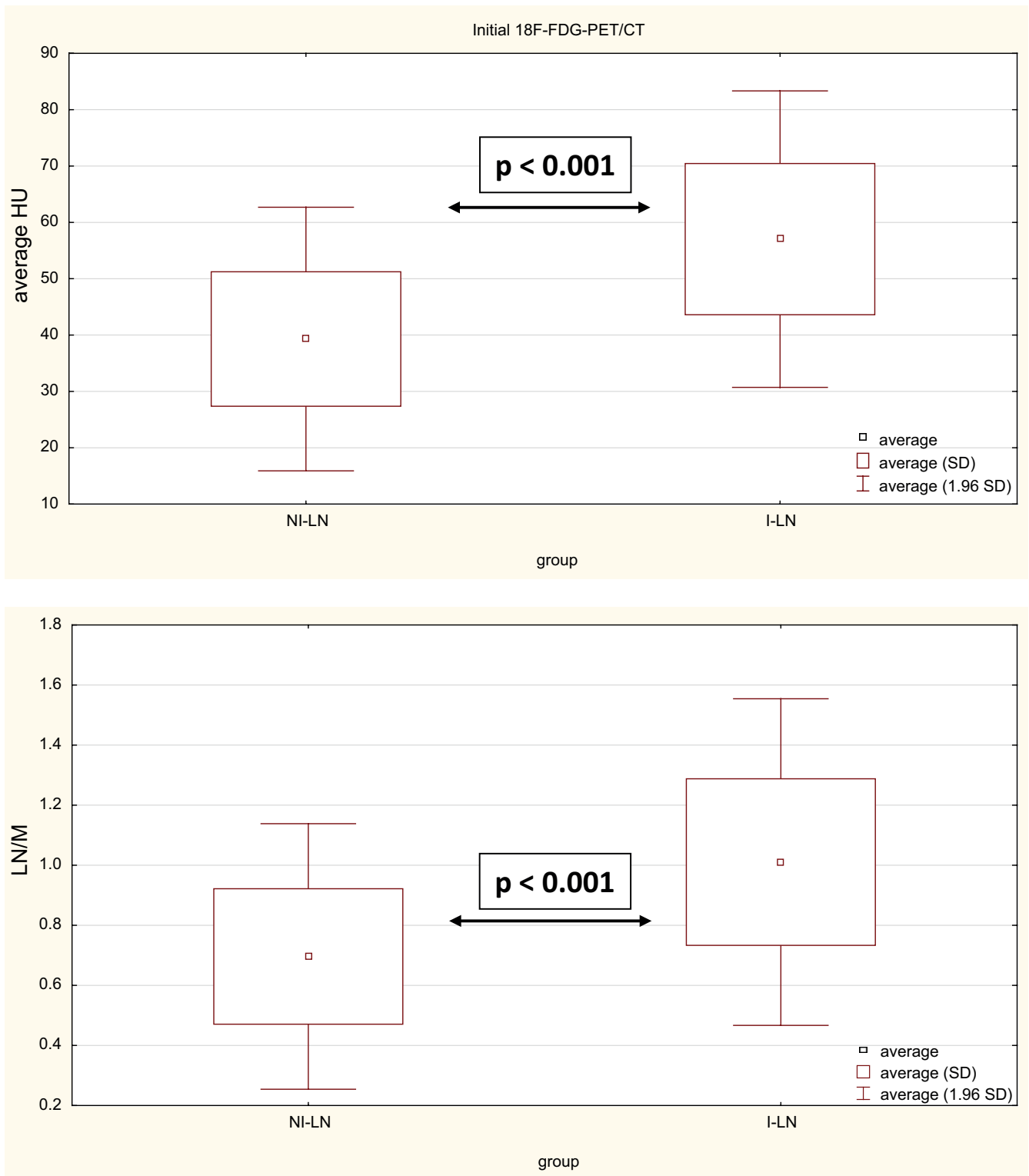


Fig. 3. Initial 18FDG-PET-CT not-involved vs involved lymph nodes [average HU; LN/M] (n = 52)

18FDG-PET-CT – 18F-fluorodeoxyglucose positron emission tomography; HU – Hounsfield units; LN/M – lymph node/muscle attenuation ratio; NI-L – not-involved lymph nodes; I-LN – involved lymph nodes; SD – standard deviation.

Results

The obtained results are compared in Table 2. The average values of XRA and LN/M from I-LN and NI-LN in primary 18F-FDG-PET/CT and the changes in these

parameters after 2 cycles OEPA are presented. A significant difference was found in the XRA and the average LN/M values between the LNs assessed as HL-affected due to size and metabolic activity in 18F-FDG-PET/CT vs normal LNs. This difference was significant both in studies

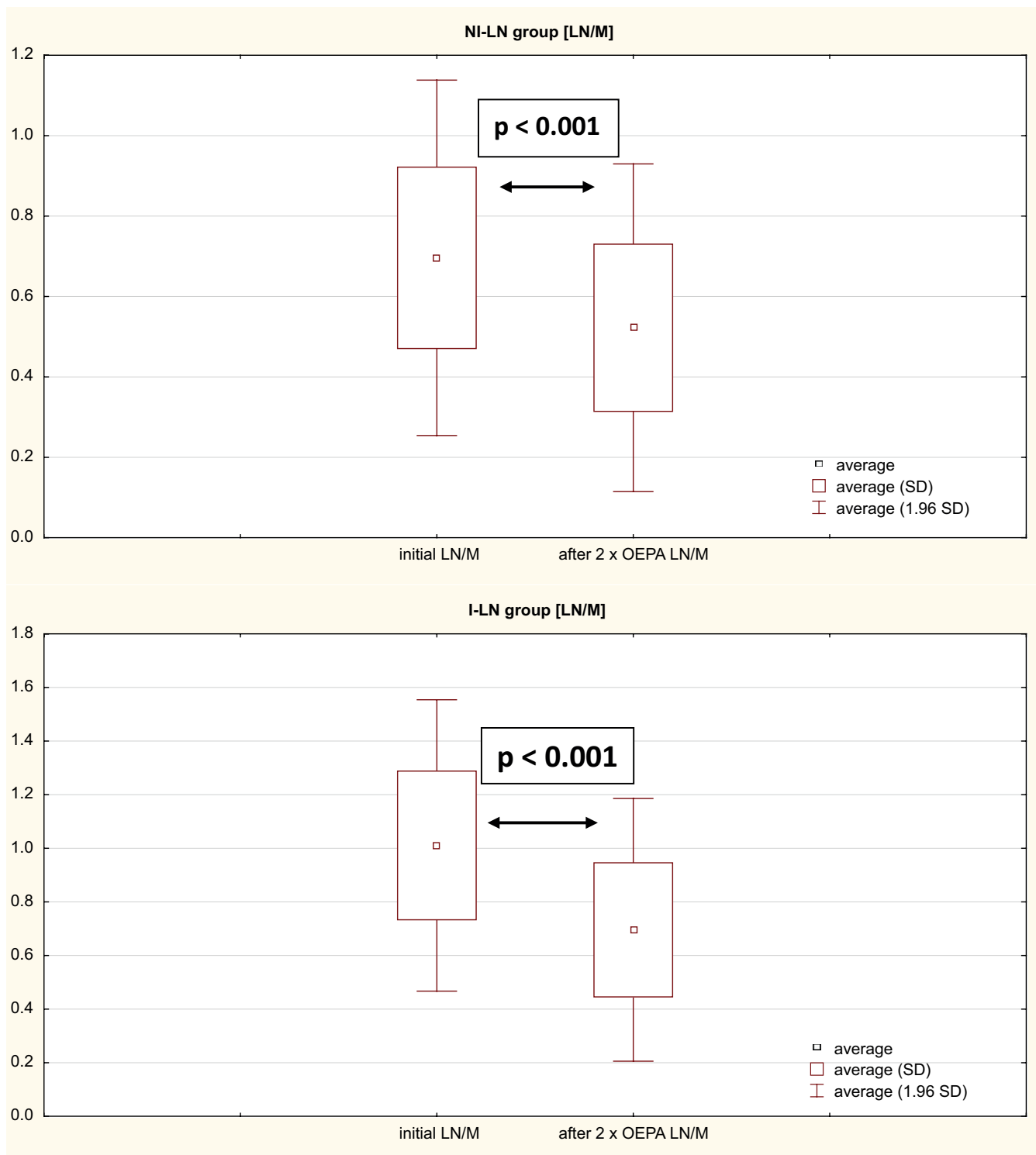


Fig. 4. 18F-FDG-PET/CT initial vs after 2 OEPA cycles [LN/M] (n = 52)

18FDG-PET-CT – 18F-fluorodeoxyglucose positron emission tomography; OEPA – vincristine (Oncovin), etoposide, prednisone, and doxorubicin (Adriamycin) LN/M – lymph node/muscle attenuation ratio; SD – standard deviation.

performed before treatment ($p < 0.001$; Fig. 3) and those performed during the assessment of treatment response after 2 OEPA cycles ($p < 0.001$). Significantly higher values of HU were observed in I-LN compared to NI-LN nodes. Comparing LN/M also revealed higher values in I-LN relative to NI-LN nodes.

In the 18F-FDG-PET/CT study performed after 2 OEPA cycles, both XRA and LN/M values were significantly lower compared to baseline, in both the I-LN and the NI-LN ($p < 0.001$, Table 2, Fig. 4). XRA and LN/M values after 2 cycles of OEPA compared with preliminary XRA and LN/M values for particular nodes (Δ) did not differ significantly

Table 3. Initial 18F-FDG-PET/CT, I-LN group (n = 52)

Variable		X-RA [HU] average ±SD	p-value	LN/M average ±SD	p-value
Age [years] (number of patients)	≤14 (28)	60.92 ±14.84	0.010	1.12 ±0.32	0.002
	>14 (24)	51.62 ±9.22		0.88 ±0.17	
Sex (number of patients)	male (24)	59.73 ±14.36	0.120	1.04 ±0.29	0.486
	female (28)	53.97 ±11.93		0.99 ±0.29	
HL (number of patients)	NS (47)	56.18 ±12.82	0.641*	1.01 ±0.28	0.756*
	non-NS (5)	65.48 ±18.04		1.07 ±0.38	
Stage ⁵ (number of patients)	II (24)	56.70 ±16.72	0.896 [#]	1.05 ±0.37	0.914 [#]
	III (13)	56.96 ±11.51		0.97 ±0.23	
	IV (14)	56.46 ±8.69		0.98 ±0.18	
Early chemotherapy response (number of patients)	inadequate (25)	56.76 ±14.76	0.949	0.99 ±0.28	0.623
	adequate (27)	56.52 ±12.07		1.03 ±0.30	

* the Mann–Whitney U test; [#] the Kruskal–Wallis test; ⁵ without any patient with stage I; XRA – X-ray attenuation; HU – Hounsfield units; LN/M – lymph node/muscle attenuation ratio; I-LN – involved lymph nodes; SD – standard deviation; HL – Hodgkin’s lymphoma; NS – nodular sclerosis; significant results in bold.

Table 4. 18F-FDG-PET-CT after 2 OEPA cycles, I-LN group (n = 52)

Variable		XRA [HU] average ±SD	p-value	LN/M average ±SD	p-value
Age [years] (number of patients)	≤14 (28)	37.16 ±12.70	0.508	0.68 ±0.27	0.738
	>14 (24)	39.33 ±10.41		0.70 ±0.19	
Sex (number of patients)	male (24)	36.44 ±9.22	0.327	0.67 ±0.19	0.606
	female (28)	39.64 ±13.37		0.70 ±0.27	
HL (number of patients)	NS (47)	38.86 ±12.73	0.663*	0.69 ±0.24	0.686*
	non-NS	39.32 ±9.80		0.65 ±0.17	
Stage ⁵ (number of patients)	II (24)	38.49 ±10.28	0.335 [#]	0.69 ±0.23	0.734 [#]
	III (13)	38.78 ±9.39		0.71 ±0.19	
	IV (14)	36.10 ±15.65		0.65 ±0.30	
Early chemotherapy response (number of patients)	inadequate (25)	43.26 ±10.35	0.002	0.80 ±0.21	0.001
	adequate (27)	33.45 ±10.90		0.58 ±0.20	

* the Mann–Whitney U test; [#] the Kruskal–Wallis test; ⁵ without any patient with stage I; XRA – X-ray attenuation; HU – Hounsfield units; LN/M – lymph node/muscle attenuation ratio; I-LN – involved lymph nodes; SD – standard deviation; HL – Hodgkin’s lymphoma; NS – nodular sclerosis, OEPA – vincristine (Oncovin), etoposide, prednisone, and doxorubicin (Adriamycin); significant results in bold.

in either group (I-LN vs NI-LN p = 0.66 for XRA, and p = 0.59 for the LN/M, Table 2).

In the initial 18F-FDG-PET/CT study, a significant statistical difference was found between XRA (p = 0.001) and LN/M (p = 0.002) in the I-LN nodes in children aged up to 14 years in relation to children older than 14 years (Table 3). The difference is not as apparent after shifting the age limit to 16 years, or in the XRA for NI-LN, and in 18FDG-PET-CT after 2 OEPA cycles. There were no significant differences in HU values for HL-affected nodes depending on gender, histological type, stage and responses after 2 cycles of OEPA (Table 3).

In the measurements taken after 2 cycles of OEPA, no significant difference was found in XRA depending on the analyzed clinical parameters in the I-LN group other than significantly higher XRA (p = 0.002) and LN/M (p = 0.001)

values in the group with inadequate CTx response (Table 4, Fig. 5).

The optimal cut-off point for XRA and LN/M values distinguishing I-LN from NI-LN nodes was determined by ROC analysis. The greatest test accuracy was obtained by selecting baseline node XRA values of 44.7 HU (Fig. 6, AUC = 0.836, 95% confidence interval – CI: 0.759–0.913; p < 0.001) and a LN/M ratio of –0.79 (AUC = 0.804, 95% CI: 0.721–0.887; p < 0.001). A comparison of the obtained ROC curve compared to a random node qualification curve demonstrated a significant statistical difference for XRA and LN/M (p < 0.001).

ROC analysis was also used to assess the response of initially affected nodes to early CTx (and thus to qualify for RTx) in 18F-FDG-PET/CT after 2 OEPA cycles. The highest test accuracy was obtained when selecting a cut-off

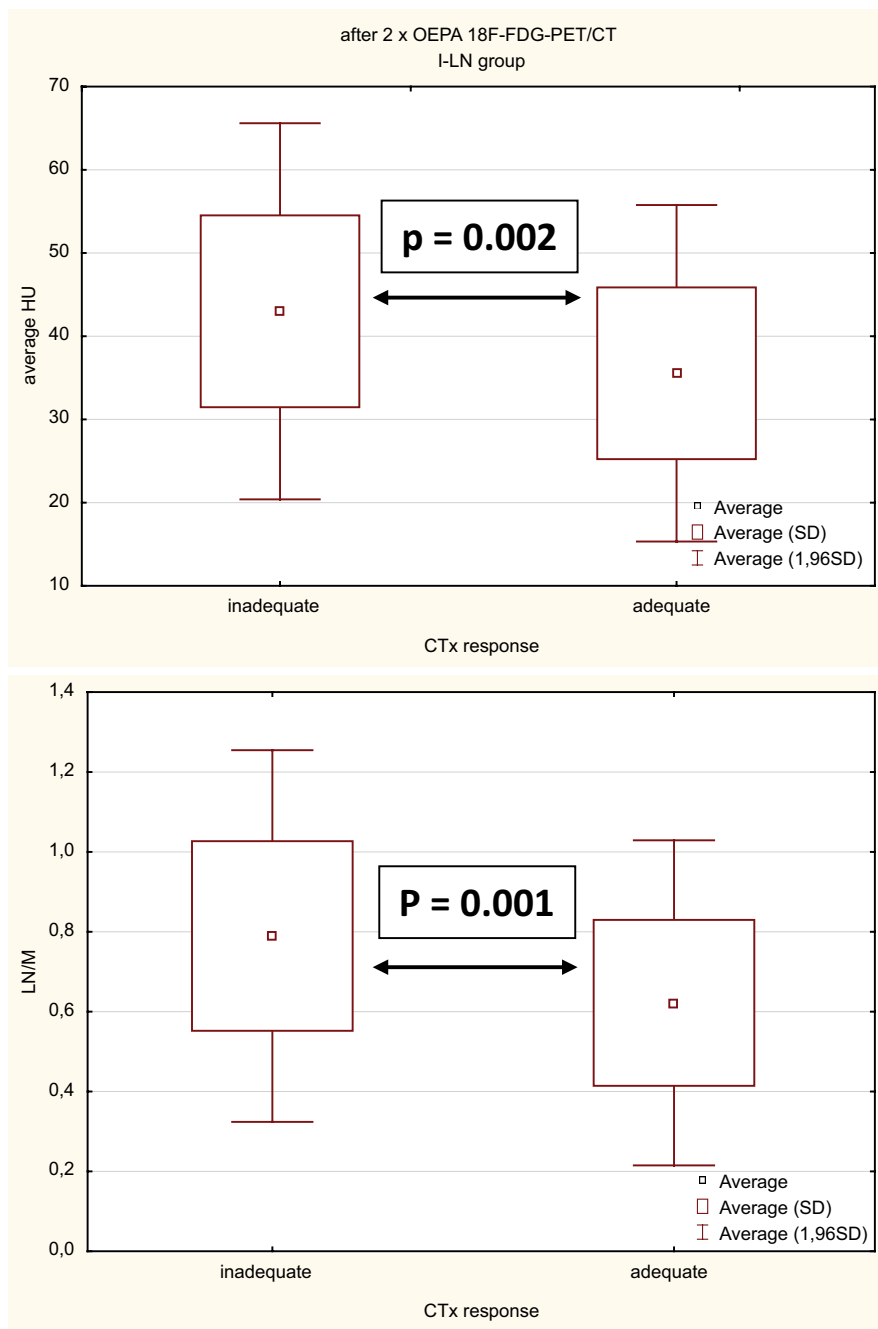


Fig. 5. 18F-FDG-PET/CT after 2 OEPA cycles, I-LN group (n = 52)

18F-FDG-PET-CT – 18F-fluorodeoxyglucose positron emission tomography; OEPA – vincristine (Oncovin), etoposide, prednisone, and doxorubicin (Adriamycin); I-LN – involved lymph nodes; SD – standard deviation.

point of 34.8 HU (AUC = 0.744, 0.95% CI: 0.608–0.879; $p = 0.0004$) and a LN/M ratio of -0.62 (AUC = 0.766, 0.95% CI: 0.632–0.900; $p = 0.0001$). Comparing the obtained ROC curve to a random node qualification curve showed no statistically significant difference for XRA ($p = 0.12$) or for the LN/M ratio ($p = 0.11$).

Discussion

Precise identification of all originally affected nodal regions and organs, and CTx response assessment using imaging and functional studies, are crucial in planning optimal treatment. The sensitivity and specificity

of 18F-FDG-PET/CT tests in the evaluation of both initially affected LNs and the response to CTx in HL are high (90–100% sensitivity, 80–90% specificity) and exceed the diagnostic value of contrast CT.^{21–23} 18F-FDG-PET/CT interpretation can be difficult in children due to frequent respiratory infections and the associated increased metabolic activity of the lymphatic system.

We have found no publications in which an attempt has been made to use XRA in CT directly for the differentiation of affected and unaffected LNs in children and adolescents with HL. One study, investigating a population of 25 adults with lymphoma, illustrates that LN XRA values were in most cases at the same level as soft tissue – only 2 patients attained lower values.²⁴ Similar analysis

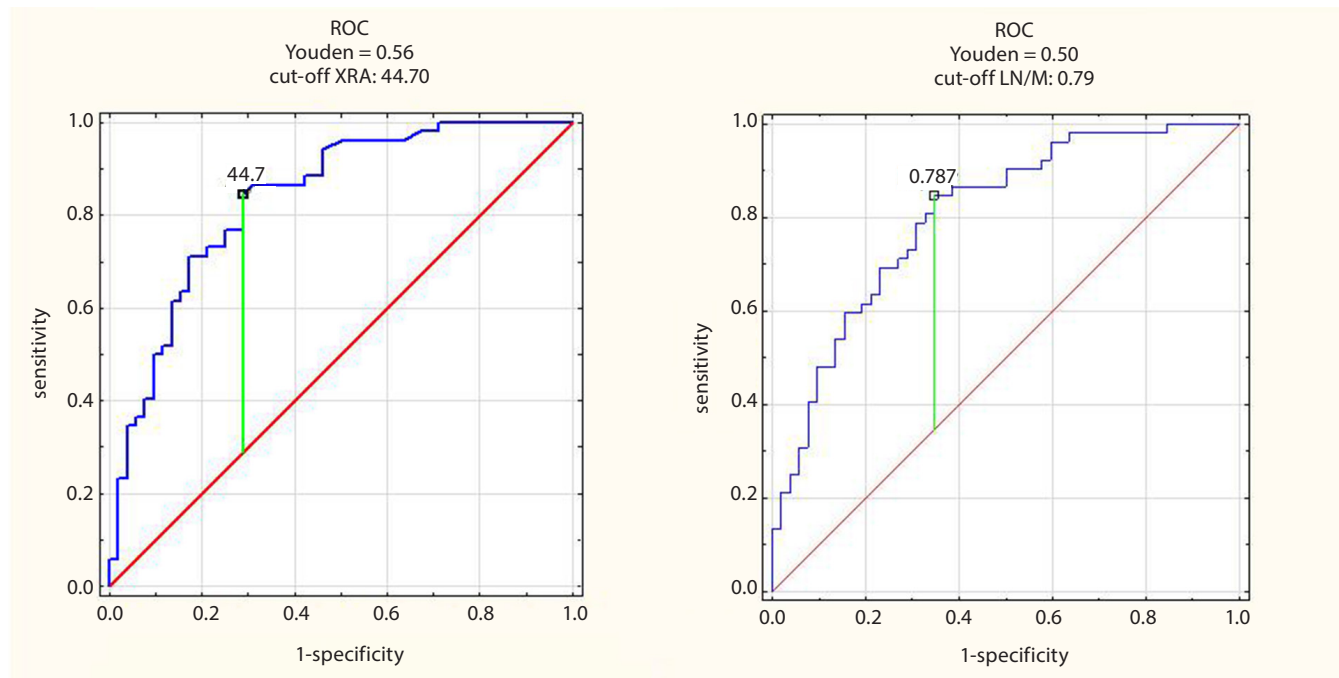


Fig. 6. Receiver operating characteristic (ROC). Initial 18F-FDG-PET/CT, NI-LN vs I-LN group (n = 52)

18FDG-PET-CT – 18F-fluorodeoxyglucose positron emission tomography; NI-LN – not involved lymph nodes; I-LN – involved lymph nodes.

in other neoplastic diseases also suggested this parameter's potential. In the study by Flechsig et al., which uses XRA to differentiate LNs in an orthotopic model of lung cancer in rats, it was proved that the XRA of metastatic LNs in the mediastinum was significantly higher than in those without metastatic foci.²⁵ Yoon et al. analyzed mediastinal LNs in 674 patients with non-small-cell lung cancer.²⁶ Nodes with XRA values >70 HU, despite 18FDG uptake, had a higher probability of not having metastatic foci. Measuring XRA is also used to distinguish normal from metastatic nodes in the axillary region in patients with breast cancer. In a study by Urata et al., significantly higher XRA values in metastatic LNs as compared to unaffected nodes was shown.²⁷ Esophageal squamous cell carcinoma is another cancer in which the evaluation of XRA can be used to differentiate between metastatic and normal LNs. In the study by Kim et al., it was shown that the XRA for metastatic nodes was significantly lower than for unaffected nodes.²⁸

In our study, we evaluated the unenhanced component of 18F-FDG-PET/CT. One undoubted advantage is the low dosage of X-rays used, which is important due to the young age of patients and the need for periodic examinations in the monitoring of the disease. For radiological protection, it is preferable to perform magnetic resonance imaging (MRI) and 18F-FDG-PET/MRI; however, CT remains the gold standard for imaging the chest and lungs. Another advantage of using the CT component is that administering iodine contrast agents is unnecessary, unlike with classic CT.²⁹ The administration of a contrast agent can cause many adverse effects and increases the radiation dosage

in the child.^{30–32} The use of unenhanced CT examination eliminates the risk of tissue size and density measurement errors due to beam hardening artifacts resulting from large residual amounts of concentrated contrast in the blood vessels.^{33,34} An additional difficulty concerning this method is that even a slight disturbance in the contrast administration protocol or in the anatomy of the patient may significantly change the image of the scanned structures, which can cause an unwarranted increase in the planned radiation dose when administering radiation therapy.^{35,36}

In this study we have shown that the XRA values are significantly higher in I-LN compared with NI-LN according to standard criteria. This difference is observed both in the baseline study and after 2 cycles of CTx. This may result from the different structure in nodes with active neoplastic disease compared to unaffected nodes. In neoplastic LNs, damaged internal structure with chaotic blood vessels can be seen. The presence of increased perinodular fatty tissue can also be observed.³⁷ Nodular sclerosis Hodgkin's lymphoma classical form dominates in the pediatric population. It is characterized by a high content of fibrous connective tissue (desmoplasia), among other things. Normal LNs are characterized by a more ordered structure with a well-separated vascular hilum and regular blood flow through the node. It can be supposed that the content of lymphomatous tissue with different XRA values compared to normal tissue in the evaluated LN will determine the final XRA value. This is consistent with the observation that the XRA/(LN/M) value decreased significantly after CTx administration, both in affected and

normal LNs, as a result of internal structural changes like desmoplasia. In patients who did not achieve an adequate morphological and functional response and were qualified for RTx, the XRA and LN/M values were higher. A weaker CTx effect on HL nodes may be visible as a “slower” decline in both the SUV and the dimensions of the I-LN, as well as the XRA (LN/M) values. The differences, however, are too small to be used as a standalone parameter for a reliable evaluation of the nodes’ response to CTx.

According to our analysis, there is a visible difference in the XRA values of HL-affected nodes between children younger than 14 years and the group of older children and young adults (15–18 years old). Moving the age limit to 16 years reduces the relevance of the above difference, but it persists when the limit is shifted to 12 or 10 years. This relationship does not occur in unaffected nodes (NI-LN) or in imaging performed after 2 CTx cycles. This may be due to the slightly different biology and LN structure in younger children with HL.

It seems that measuring XRA/(LN/M) in 18F-FDG-PET/CT without contrast, including the assessment of size and SUV, may increase the accuracy of the qualification of LNs as HL-affected or unaffected. This parameter could potentially be of use, especially in case of doubt concerning the interpretation of radiological images. Large, obvious nodal lesions of over 2 cm in diameter typically do not cause diagnostic dilemmas. The assessment of nodes with so-called intermediate (“unclear”) dimensions (1–2 cm) and SUV values (2–3 points on the Deauville scale) can be more problematic. Unfortunately, a limitation of our study is the unavailability of histopathological verification for each evaluated LN. Hodgkin’s lymphoma most often affects many LNs in various parts of the body. Surgical biopsy of all lesions is not clinically justified and is not routinely done. Because of the impossibility of routine histopathological confirmation, the group of intermediate LNs had to be excluded from analysis.

Another limitation is assessing the HU values in 3-mm CT slices. Values of HU on image borders may be inaccurate for small structures such as LNs due to the partial volume effect, which specifically concerns images from PET-CT scanners.^{38,39} In addition, HU values depend on the CT machine, the imaging conditions, and the specifications of the image processing software, which differ in every institution. For this reason, a direct comparison of exams carried out in different centers would not be reliable.⁴⁰ Introducing the LN/M and its analysis allows for the reduction of variability resulting from different technical parameters of CT scanners and exam protocols and from the impact of nonspecific external factors such as inter-individual variation.

Conclusions

Using XRA and the LN/M ratio in addition to the current standard criteria of assessing LNs in HL could be helpful and may improve the quality of their qualification as affected or unaffected. It can translate into more accurate staging and CTx response assessment in some groups of patients, and further, into reducing the incidence of the complications of RTx and CTx (the reliable determination of RTx fields and CTx intensity) and reducing the frequency of HL relapses in regions which were originally incorrectly labeled unaffected or wrongly classified as having an adequate response to CTx.

The XRA and LN/M values could be also an addition to standard criteria factors in the assessment of CTx early response in doubtful cases. Full recognition of the diagnostic value of these parameters requires further studies in larger groups of patients.

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